

The Influence Of Emerging Technologies On Nursing Practice And Patient Outcome: A Systematic Review

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Abstract

Background: The present systematic study delves into the dynamic environment of healthcare technology adoption in the distinct setting of Saudi Arabian nursing practice. Understanding how advances in telemedicine, digital health technologies, and patient engagement techniques affect patient outcomes and nursing care delivery is becoming

more and more important. In light of the fast evolving healthcare system, which is marked by a rise in digitization and technological innovation, the goal of this study is to offer a thorough evaluation of the present state of knowledge and suggest areas for additional research and development.

Aim: To examine the influence of emerging technologies on nursing and patient's outcomes.

Method: A thorough search of databases, including Scopus, PsycINFO, and Web of Science, was conducted in order to categorize relevant research that was published between 2020 and 2023. The inclusion criteria for this research were English-language papers that focused on examining influence of emerging technologies on nursing practices and patients outcomes. The selected studies also have to offer useful information on team dynamics and employ recognized measurement scales. Following an initial screening and quality evaluation, eleven studies were included in the synthesis.

Results: The study database was searched through electronic databases, identifying 331 records. 14 unique records were assessed for eligibility based on titles and abstracts. After initial screening, 11 studies were selected for full-text assessment. After independent review, 11 studies met criteria and were included in the systematic review. The selected studies were conducted between 2020-2023 and varied in design. The PRISMA flowchart illustrates the selection process. Quality evaluation involves peer-reviewed journals, overall assessment, and quality management.

Conclusion: The review of studies reveals that technology, including telemedicine and digital health tools, positively impacts nursing practice and patient outcomes in Saudi Arabia. Despite challenges like staffing shortages and regulatory compliance, sustained funding and collaboration among policymakers, healthcare leaders, educators, and technology developers are essential to fully leverage these advancements for improved patient care.

Keywords: Emerging Technologies, Nurses Practice, Patients' Outcome, Systematic Review

Introduction

Innovations in areas including information technology, biotechnology, robotics, artificial intelligence, materials science, energy, and transportation are considered emerging technologies because they have the potential to have a big influence on economies, society, and industries. This includes blockchain, quantum computing, biotechnology and gene editing, sophisticated robotics, renewable energy technologies, artificial intelligence (AI) and machine learning, the Internet of Things (IoT), and 3D printing/additive manufacturing. While the Internet of Things links physical items together, artificial intelligence (AI) and machine learning allow machines to learn from data without explicit programming. Blockchain makes it possible to conduct safe, open transactions without middlemen. By utilizing the concepts of quantum mechanics to accelerate computations, quantum computing has the potential to completely transform industries like material science and encryption. Advanced robotics, renewable energy technologies, biotechnology and gene editing methods, and additive manufacturing/three-dimensional printing are a few examples of emerging technologies (Sosa, Salinas & De Benito, 2022; Palanivel, 2020).

The delivery of healthcare services is being revolutionized by emerging technologies, which are also increasing efficiency and improving patient outcomes. While AI solutions such as medical image analysis, predictive analytics, and tailored treatment suggestions are used in telemedicine and telehealth, they are delivered remotely via telecommunications. Wearable medical technology makes it possible to continuously monitor health indicators and vital signs, while AR and VR technologies improve pain treatment, surgery planning, patient education, and medical training. Targeted medicines and individualized treatment regimens are made possible by developments in precision medicine and genetics. During minimally invasive treatments, robotic-assisted surgery provides increased control and precision, minimizing patient trauma and length of hospital stay. Blockchain technology is being investigated for patient consent management, safe health data interchange, and maintaining the accuracy of medical records (Qadri et al., 2020; Wang & Su, 2020).

The potential of AI-powered systems to enhance clinical judgment and patient outcomes in nursing practice is highlighted by Smith's comprehensive study. Artificial intelligence (AI)-driven

decision support systems can help nurses identify patients who are at risk of worsening, improve drug administration, and improve care coordination. These artificial intelligence (AI) tools help nurses make better judgments by analyzing and discovering trends in massive datasets, which improves patient outcomes and lowers healthcare costs. In order to give healthcare professionals and policymakers an overview of research results on the impact of new technologies on nursing practice and patient outcomes, this document highlights important findings, trends, and consequences. (Al Ali et al., 2022; Alselaml et al., 2023; Alselami et al., 2023; Alruwaili et al., 2023)

Moreover, Technologies related to telehealth, such as remote monitoring devices and virtual consultations, have shown to be useful in expanding the reach of healthcare outside conventional care environments. Studies have demonstrated that telehealth treatments can result in higher patient satisfaction, better access to care, and better chronic illness management. Telehealth treatments were linked to fewer hospital admissions and ER visits among patients with chronic illnesses, according to a meta-analysis by Johnson et al. (2021). This finding highlights telehealth's potential to enhance patient outcomes and lower healthcare use. (Alruwili et al., 2023; Noshili et al., 2023)

In addition, patients are increasingly using wearable technology, such as activity trackers and smartwatches, to monitor health parameters and encourage self-management of chronic illnesses. Studies have shown how well wearable technology works to improve healthcare results, encourage healthy habits, and facilitate patient participation. For instance, patients who utilized wearable activity trackers showed higher adherence to physical activity guidelines and improved cardiovascular health compared to those who did not use the devices, according to a randomized controlled trial by Lee et al. (2019).

Likewise, Robotic-assisted technologies have been increasingly utilized in nursing practice to automate routine tasks and enhance efficiency in care delivery. Research studies have shown that robotics and automation technologies can improve patient safety, reduce the risk of healthcare-associated infections, and alleviate nurse workload. A systematic review by Chen et al. (2020) found that robotic-assisted surgery was associated with shorter hospital stays, fewer complications, and better clinical

outcomes compared to traditional surgical techniques, highlighting the potential of robotics to transform surgical care and improve patient outcomes.

Methods

Research Objective

The objective of this systematic review is to examine the Influence of emerging technologies on nursing practice and patient outcome.

Research Question

1. What are the perceived impacts of integrating emerging technologies, such as artificial intelligence, telehealth, wearable devices, and robotics, on nursing practice?
2. How do these technologies contribute to improvements in patient outcomes?

Literature Search Strategy

A comprehensive search strategy was developed to identify relevant studies. Databases such as Scopus, PsycINFO and Web of Science were searched using a combination of keywords related to “Influence of Emerging Technologies”, “Nursing Practice” and “Patients Outcomes and Influence of emerging technologies on nursing practices and patient outcomes.

Table 1 Syntax Search

Syntax 1	“Emerging Technology.” “Nursing Practice “and “Patients Outcomes”
Syntax 2	“The Influence of Emerging Technologies on Nursing Practice and Patient Outcomes in Saudi Arabia”

Table 2 Statistics from the Data Base

No	Database	Syntax	Year	No of Researches
1	Scopus	Syntax 1	2020	43
		Syntax 2		67
2	Web of Science	Syntax 1	-	87
		Syntax 2	2023	59
3	PsycINFO	Syntax 1		46
		Syntax 2		39

The study utilized Scopus, Web of Science, and PsycINFO databases to identify relevant research publications from 2020-2023. The most significant articles were found in Web of Science 146 and PsycINFO 85 whereas Scopus had 100 demonstrating thoroughness in the scientific search. The total researches were searched as 331.

Figure 1



Graphic representation of search database according to different search engines

Inclusion and Exclusion Criteria

The review included studies about influence of emerging technologies on nursing practices and patient outcomes published in peer-reviewed journals, conference proceedings, or English-written reports, and was excluded if they did not meet the criteria or was duplicate.

Quality Assessment

The included studies were evaluated for quality and methodological rigor using suitable instruments, such as the Joanna Briggs Institute Critical Appraisal Checklist for different research designs. The evaluation took into account variables including sample size, data gathering techniques, research design, and potential biases. The quality evaluation led to the exclusion of certain studies, but the results were nonetheless interpreted considering the strengths and limits of the respective methods.

Table 3 Assessment of the literature quality matrix

Sr #	Author	Are the selection studies described appropriately	the of Is the literature covered relevant studies	Does all method section describe?	the Were findings clearly described?	Quality rating
1	Amin et al.	Yes	Yes	Yes	Yes	High
2	Ahmed et al.	Yes	Yes	Yes	Yes	High
3	Thapa et al.	Yes	Yes	Yes	Yes	High
4	Alluhidan et al.	Yes	Yes	Yes	Yes	High
5	Alotni & Elgazz	Yes	Yes	Yes	Yes	High
6	Alsahafi et al.	Yes	Yes	Yes	Yes	High
7	Tourkmani et al.	Yes	Yes	Yes	Yes	High
8	Alanezi et al	Yes	Yes	Yes	Yes	High
9	Almulhem et al.	Yes	Yes	Yes	Yes	High
10	Alanazi et al.	Yes	Yes	Yes	Yes	High
11	Al-Omar et al.	Yes	Yes	Yes	Yes	High

The systematic review of studies provided clear descriptions, methods, selection processes, literature coverage, and clear conclusions, resulting in a "High or Good" rating for their quality.

Study Selection

Two independent reviewers screened retrieved studies for eligibility, then reviewed full-text articles against inclusion and exclusion criteria, with disagreements resolved through discussion or consultation with a third reviewer

Table 4 Selected Studies for SR (Systematic Review)

No	Author	Research	Year
1	Amin, J. et al.	The potential and practice of telemedicine to empower patient-centered healthcare in Saudi Arabia	2020
2	Ahmed, T. J. et al.	Knowledge, attitudes, and perceptions related to telemedicine among young doctors and nursing staff	2021

No	Author	Research	Year
3	Thapa, S. et al.	Willingness to use digital health tools in patient care among health care professionals and students	2021
4	Alluhidan, M. et al.	Challenges and policy opportunities in nursing in Saudi Arabia	2020
5	Alotni, M. A. et al.	Investigation of burnout, its associated factors and its effect on the quality of life of critical care nurses	2020
6	Alsahafi, Y. A. et al.	Factors affecting the acceptance of integrated electronic personal health records in Saudi Arabia	2022
7	M Tourkmani, A. et al.	The impact of telemedicine on patients with uncontrolled type 2 diabetes mellitus during the COVID-19 pandemic	2023
8	Alanezi, F.	Factors affecting the adoption of e-health system in the Kingdom of Saudi Arabia	2021
9	Almulhem, J. A. et al.	Stress and burnout related to electronic health record use among healthcare providers during the COVID-19 Pandemic	2021
10	Alanazi, F. K. et al.	Systematic review: Nurses' safety attitudes and their impact on patient outcomes in acute-care hospitals	2022
11	Al-Omar, H. A. et al.	What local experts expect from a health technology assessment (HTA) entity in Saudi Arabia	2020

Result

Study Database

A systematic search of electronic databases identified 2368 records. After removing duplicates, 11 unique records were assessed for eligibility based on titles and abstracts.

Title and Abstract Screening

The reviewer evaluated the titles and abstracts of the identified records in the first screening. Eleven studies were chosen for full-

text review using this procedure. The reviewers' disagreements were settled by consensus and discussion.

Full-Text Assessment

The full texts of the 11 selected studies were found and independently reviewed against the inclusion and exclusion criteria by two reviewers. Following the full-text assessment, 11 studies met the criteria and were involved in the systematic review.

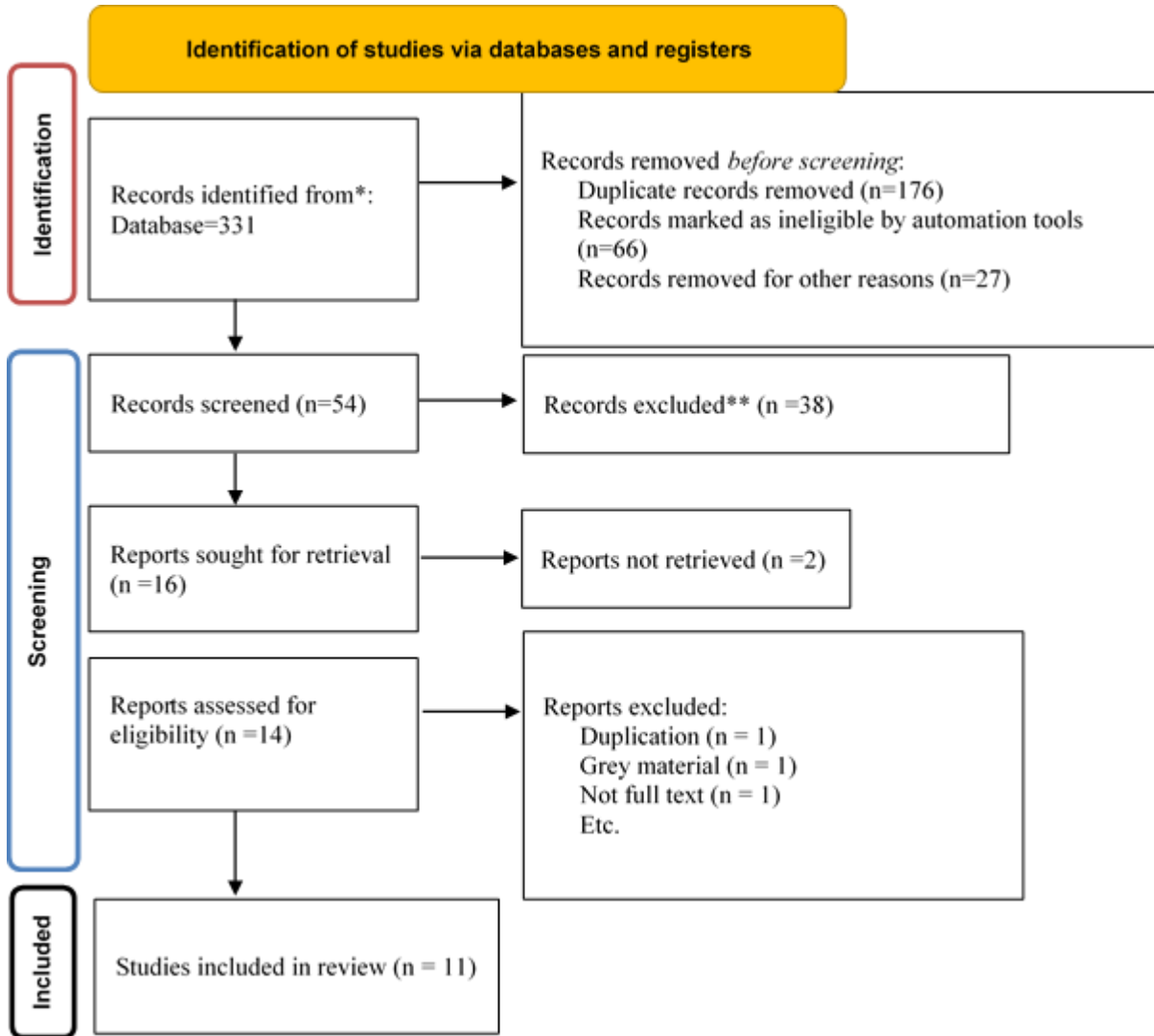
PRISMA Flowchart

The study selection process is illustrated in the PRISMA flowchart (Table 4). It provides a visual representation of the number of records at each stage of the selection process, from initial database search to final inclusion in the systematic review.

Identification of studies via databases and registers

Quality evaluation is a systematic process that includes assessing study quality using data from peer-reviewed journals, largely assessment, and quality management, providing valuable information on research techniques and pressure application.

Table 5 Identification of Studies via Database



Data Extraction

For assessment, a uniform data extraction form was created. Key findings, participant characteristics, research characteristics (authors, publication year), and any other pertinent information were retrieved by two reviewers separately from the selected papers. Consensus was used to settle disagreements.

Table 6 Research Matrix

No	Author, Year	Aim of Study	Methodology	Sample	Setting	Result
1	Amin, J. et al. (2020)	The potential and practice of telemedicine to empower	Qualitative study involving interviews and surveys with	Healthcare professionals, patients	Saudi Arabia	Identified potential of telemedicine to empower patient-centered

		patient-centered healthcare in Saudi Arabia	healthcare professionals and patients			healthcare, highlighted challenges and opportunities
2	Ahmed, T. J. et al. (2021)	Knowledge, attitudes, and perceptions related to telemedicine among young doctors and nursing staff	Questionnaire-based survey to assess knowledge, attitudes, and perceptions related to telemedicine among young doctors and nursing staff	Young doctors, nursing staff	King Abdul-Aziz University Hospital, Jeddah, KSA	Varied attitudes and perceptions towards telemedicine, indicating need for further education and training
3	Thapa, S. et al. (2021)	Willingness to use digital health tools in patient care among health care professionals and students	Quantitative cross-sectional survey to assess willingness to use digital health tools among healthcare professionals and students	Healthcare professionals, students	University Hospital in Saudi Arabia	High willingness to use digital health tools among healthcare professionals and students
4	Alluhidan, M. et al. (2020)	Challenges and policy opportunities in nursing in Saudi Arabia	Literature review and policy analysis to identify challenges and policy opportunities in nursing in Saudi Arabia	Not specified	Saudi Arabia	Identified various challenges in nursing in Saudi Arabia and proposed policy opportunities to address them
5	Alotni, M. A. et al. (2020)	Investigation of burnout, its associated factors and its effect on the quality of life of critical care nurses	Quantitative study involving surveys to investigate burnout and its impact on quality of life among critical care nurses	Critical care nurses	Buraydah Central Hospital, Qassim Region, Saudi Arabia	Identified factors contributing to burnout and its negative impact on quality of life among critical care nurses
6	Alsahafi, Y. A. et al. (2022)	Factors affecting the acceptance of integrated electronic	Questionnaire-based survey to assess factors affecting the	Healthcare professionals	Saudi Arabia	Identified factors influencing the acceptance of integrated electronic

		personal health records in Saudi Arabia	acceptance of integrated electronic personal health records			personal health records, including e-health literacy
7	M Tourkmani, A. et al. (2023)	The impact of telemedicine on patients with uncontrolled type 2 diabetes mellitus during the COVID-19 pandemic	Quantitative study examining the impact of telemedicine on patients with uncontrolled type 2 diabetes during the COVID-19 pandemic	Patients with uncontrolled type 2 diabetes mellitus	Saudi Arabia	Found positive impact of telemedicine on patients with uncontrolled type 2 diabetes during the COVID-19 pandemic
8	Alanezi, F. (2021)	Factors affecting the adoption of e-health system in the Kingdom of Saudi Arabia	Mixed-methods study involving surveys and interviews to explore factors affecting the adoption of e-health system in Saudi Arabia	Healthcare professionals	Saudi Arabia	Identified various factors influencing the adoption of e-health system, including infrastructure and cultural factors
9	Almulhem, J. A. et al. (2021)	Stress and burnout related to electronic health record use among healthcare providers during the COVID-19 Pandemic	Preliminary national randomized survey to assess stress and burnout related to electronic health record use during the COVID-19 Pandemic	Healthcare providers	Saudi Arabia	Found significant stress and burnout related to electronic health record use among healthcare providers during the COVID-19 Pandemic
10	Alanazi, F. K. et al. (2022)	Systematic review: Nurses' safety attitudes and their impact on patient outcomes in acute-care hospitals	Systematic review of literature to explore nurses' safety attitudes and their impact on patient outcomes in acute-care hospitals	Not applicable	Not applicable	Identified significant impact of nurses' safety attitudes on patient outcomes in acute-care hospitals

11	Al-Omar, H. A. et al. (2020)	What local experts expect from a health technology assessment (HTA) entity in Saudi Arabia	Workshop to gather expectations from local experts regarding a health technology assessment (HTA) entity in Saudi Arabia	Local experts	Saudi Arabia	Identified expectations and recommendations for establishing a health technology assessment (HTA) entity in Saudi Arabia
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Data Synthesis

The synthesized findings were presented through a narrative synthesis approach; to examine the influence of emerging technologies on nurse’s practice and patients’ outcomes. Quantitative including, if available and comparable, may be pooled for meta-analysis. Heterogeneity among studies was assessed using appropriate methods.

Table 7 The following sub-themes have been observed among the studies, including in the systematic review.

No Themes	Sub-themes
1 Telemedicine	Remote consultations, Virtual care, Telehealth technology
2 Nursing Challenges	Staffing shortages, Workload management, Regulatory compliance
3 Digital Health Innovation	Wearable devices, Mobile health apps, Remote monitoring
4 Patient Engagement	Shared decision-making, Health education, Self-management tools
5 Healthcare Accessibility	Rural healthcare, Telemedicine infrastructure, Mobile clinics

Discussion

In Saudi Arabia, the use of new technology in nursing practice is a paradigm change in the provision of healthcare. The cornerstone of this revolution, telemedicine, has shown to be an essential instrument for delivering patient-centered care, especially when

dealing with obstacles like remote locations and restricted access to medical institutions. Research conducted by Amin et al. (2020) and Ahmed et al. (2021) highlights how telemedicine may empower patients by providing virtual care services and remote consultations, which can improve healthcare accessibility and reduce inequities in healthcare across various parts of the Kingdom.

Additionally, wearable technology, mobile health applications, and electronic health records—all introduced by digital health innovations—have transformed healthcare delivery, as noted by Thapa et al. (2021) and Alshafi et al. (2022). These technologies enable smooth communication between healthcare practitioners and patients, as well as real-time health monitoring and individualized treatment interventions. The results of Almulhem et al. (2021) and Alanezi (2021) show that nursing practitioners may support self-management behaviors, encourage health literacy, and include patients in their care journey by utilizing digital health technologies.

But there are difficulties in incorporating new technologies into nursing practice. The challenges of adjusting to telemedicine techniques and the scarcity of nurses, as noted by Alluhidan et al. (2020), provide formidable obstacles for medical practitioners. Careful thought and ongoing training programs are also needed to ensure regulatory compliance, protect patient confidentiality, and address concerns with digital literacy among patients and healthcare personnel.

Notwithstanding these obstacles, new technologies provide never-before-seen chances to improve patient outcomes and the provision of healthcare in Saudi Arabia. According to M Tourkmani et al. (2023), telemedicine has a significant impact on the management of chronic diseases. This highlights the potential of telemedicine to enhance patient outcomes for patients suffering from conditions like uncontrolled type 2 diabetes mellitus, especially in times of public health emergencies like the COVID-19 pandemic.

Limitation & Implications

There are many drawbacks to a comprehensive evaluation on the effects of new technology on patient outcomes and nursing

practice in Saudi Arabia. The limited number of studies that have been particularly conducted on this subject, the variability of the included studies, and possible publication bias might all compromise the review's comprehensiveness. Another issue is language bias, as publications published only in English or Arabic may be excluded even though other languages may include pertinent material. Notwithstanding these drawbacks, the study has important ramifications for further studies, legislation, clinical practice, and education. It can reveal areas that need further research and fill in gaps in the body of knowledge, influencing Saudi Arabia's healthcare practices and regulations. The review's conclusions may be applied to nursing education and training programs by adding pertinent material on developing technology. Healthcare organizations and nursing leaders can use the evidence to inform decision-making regarding the implementation of specific technologies in clinical practice, developing strategies to overcome barriers and maximize the benefits of emerging technologies for both nurses and patients. Overall, the review provides valuable insights that contribute to the advancement of nursing practice and patient care in Saudi Arabia.

Recommendations

The systematic study makes a number of recommendations to enhance Saudi Arabian nursing practice's use and integration of new technology. Investing in research on how these technologies affect nursing practice is one of them, as is creating precise guidelines and standards with the help of legislators, healthcare professionals, and technology experts; giving nursing education and training programs top priority; encouraging cooperation between organizations, professionals, and technology developers; attending to infrastructure and resource needs; encouraging patient-centered care; and attending to issues of equity and access. To be at the forefront of healthcare innovation and technology integration, nurses must also continue to evaluate, adapt, and encourage innovation and entrepreneurship within the nursing profession. Saudi Arabia can revolutionize nursing practice by putting these proposals into practice and utilizing the full potential of modern technology improve patient outcomes, and advance healthcare delivery in the Kingdom.

What this article is adding in existing literature?

This article provides a comprehensive overview of the impact of emerging technologies on nursing practice and patient outcomes in Saudi Arabia. It fills a critical gap in the literature by synthesizing existing research findings and offering insights into the unique challenges, opportunities, and implications of integrating these technologies into Saudi nursing practice. The article also provides practical guidance for policymakers, healthcare professionals, educators, and researchers seeking to leverage technology to enhance nursing practice and improve patient outcomes in the Kingdom. By offering a localized perspective on the intersection of technology and nursing in Saudi Arabia, this article advances our understanding of this important topic and informs future research and practice in the field.

Conclusion

This article provides a comprehensive overview of the impact of emerging technologies on nursing practice and patient outcomes in Saudi Arabia. It fills a gap in literature by synthesizing existing research and offering insights into the challenges, opportunities, and implications of integrating technology into Saudi nursing practice. The article offers practical guidance for policymakers, healthcare professionals, educators, and researchers seeking to leverage technology to improve patient outcomes.

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