# The history of the Islamic faith and its impact on child development

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#### Abstract

This article offers an in-depth look at the impact that being raised in an Islamic setting may have on a child's development. The purpose of this research is to investigate the nature of the balanced relationship that exists among a child's surroundings and the maturation of their behaviors and attitudes, regardless of whether that connection is positive or negative. The approach of qualitative research was used in this research study. According to the findings of this research, one of the most significant contributors to a kid's development and growth is their surroundings. In the framework of Islam, environmental variables such as families, educators, and the surroundings are recognized as having a major impact on the development of a child.

Keywords: Islam religion; Influence; children development; parenting.

### 1. Introduction

Authorities, organizations, persons in power, and the wider populace make laws to safeguard civilization in pursuit of a more secure globe across the developed society. Human individuals would forfeit all balance and moral sense sans such laws and direction, and civilization would descend into disorder and disaster. Moreover, our youngsters and subsequent generations will serve as the leadership of future, therefore their development is crucial to our ability to preserve a pleasant, courteous, and orderly community. According to studies, parenting has the largest impact on a kid's growth, and knowing the context in which a child acquire benefits to their psychological, physical, interpersonal, and cognitive growth. And they are important indicators that a youngster will grow up to be a decent and pleasant

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individual. As a result, healthy parenting is critical for securing future societies and fostering harmony within households and in society.

While parenting ideals are universal, it is fascinating to see how parental approaches vary from one another. They include a variety of aspects, including the kid's physical and social surroundings, child care conventions and procedures in different nations, and the families' or caregivers' view of parental rights. Despite of the many worldwide and local parenting practices, Islamic beliefs on parenting are comprehensive and global principles for all parents across the globe; such principles are not limited to Muslim families.

This study was motivated by concerns and hopes over the state of schooling in the country. The issue of the country's moral degradation is becoming worse in today's modern day. The problem of moral degeneracy, which includes acts such as assault, free sex, the consumption of alcohol or opiates, stealing, killing, theft, and more incredible is the presence of instances of complicated and depraved gangsters to murder their innocent people (Sulton, 2016; Abdi, 2018). Issues of the utmost gravity have been raised by educators, performers, and parents in light of a few of these issues.

The emergence of this problem may be attributed to a number of factors, one of which is that (1) conforming to the presence of certain governmental concepts that contribute to religious problems is the responsibility of each person and should not be considered a party concern. As a result, people are disobedient to their Creator, and as a result, their lifestyles are subject to the dictates of their desires. (2) According to Muthahhari (2007), ecological degradation might begin with wildfires, the dumping of rubbish into rivers, or the breakdown of humanity in immoral that results from their following their inclinations. (3) Human extermination in the stream of the process of internationalization, resulting in somebody adoring the globe, living lavishly or spectacularly, lacking compassion, avarice, and a frenzy to abandon prospective existence (Khakim and Guru, 2018).

The research study of religious growth is a subfield of religious studies that examines alterations in religious understanding and its growth within the context of evolutionary theoretical approaches. Considering the fundamental mental factors, these investigations demonstrate how individual beliefs and feelings of notions like as God, God's qualities, belief, prayers, mosques, and rebirth evolve over the course of a lifespan (Lippman et al., 2011). In particular, scientists in religious formation chose their samples from children aged 3 and older; this is a phase during which language and thinking confluence has started, and in this area, one may get insight into the child's religious beliefs and feelings via discourse (Paloutzian, 2016; Hung, Peng, & Lien, 2021).

Thus, experimental results in this field are implausible for kids below 3 years old.

In accordance with psychological concepts, investigators have tried to demonstrate the foundations for the creation of religion in this time. Cognitively, Islamic writings emphasize themes that lead to the evolution of religion, particularly in children, along with guiding a more comprehensive knowledge of the religious growth during childhood and the methods of developing its origins. Currently, psychological problems have rapidly expanded in many civilizations, and it is anticipated that in the next years, mental illnesses will be among the world's greatest health issues. Religion and devotion are significant factors in avoiding psychological issues.

## 2. Objective of the Study

In Islam, one of the greatest essential concerns that is depended on as being among the qualities of real Muslims is the duty that parents have in educating their kids. This constitutes one of the most crucial challenges. A young infant is analogous to a young tree. Each seedling that is going to develop need a particular kind of soil in addition to a particular quantity of sunshine, water, shadow, and sun. Each kid has a chance at a healthy and happy childhood if they are raised in the correct environment and are exposed to the local culture as much as is feasible.

Every one of the religious commandments has its own unique meaning, and they were all distributed with the intention of preventing and alleviating mental illness. In reality, the Quran and hadeeth provide instructions about how to lead a better life. In principle, the practice of Islam does not restrict itself to only spiritual things, including praying and fasting. A dearth of religious convictions among families will likely result in anti-religious behaviors being modeled by the kids they raise. The most effective method for passing on these priceless ideas to the subsequent generation is, of course, via the parents' observance of ethical standards in their daily lives rather than through their words.

Hence, a kid's parents are the single most significant component in ensuring the continuation and perseverance of the religious attitude in their offspring. If the kid is taught to carry out the observance of religious laws in a consistent and regular manner at household, he or she'll encounter less difficulties carrying them out when they become older. Thus, the current study aims to review the influence of Islamic religion on child development.

# 3. Scientists' perspectives on religious formation in infancy

3.1. The role of emotional experiences in the development of a child's behavioral style and religious identity

Scientists have discovered a correlation between the strength of an individual's connection behavior in infancy and their level of spiritual awareness later in life. They created a structure to comprehend the emotional connection that exists between the family and the kid, as well as the child's conception of God, by inventing a notion in attribution theory. The connection concept emphasises on a number of the persistent features of behavior (childcare as well as child–parent connection), which are the obvious interpreters of the internal world of the 'healthy' individual. As a result, the attachment concept adopts a forward-looking perspective (Allen et al., 2018).

Bonding behavior is seen in this idea as both an inborn trait along with one of the fundamental requirements of the human species. The capacity to enable the progression of the behavioral process or enable approaches according to data gathered via the organs of the sensory experiences from either external or internal references or both is referred to as hereditary. Instinctual behavior is not acquired; heritage means having the ability to acquire it (Mayer and Mayer, 2017).

The attachment patterns that is there from the beginning in the infant expands to specific features, stays relevant during lifetime, shows itself in a variety of ways, and occasionally takes place beneath encrypted formats (relations and phone conversation) to create a connection. This behavior, which originates from an inherent and learned requirement, offers the kid two benefits:

- security, which is supplied by the mom or nursing assistant, which awards the kid the chance to acquire the required functions for living through his or her mom or nursing assistant since his or her attitudinal tools, which has the flexibility needed, enables him or her to resemble and afterwards demonstrate initiative; and
- Connection, which propagates via the lifespans from moms to relativities. For the kid to successfully fulfill this communicative dimension, the primary thing that has to be accomplished is making certain that, if necessary, they get back in touch with their mom.

Secondly, the kid has to be capable of establishing a harmonious relationship among his or her genuine wants and the mom's ability to provide that need in an acceptable manner. This is a requirement for healthy child development. Hence, connection serves two distinct purpose: first, it provides emotional assistance, which enables the kid to acquire the skills essential for survival; second, it assists in the

growth of the kid's character via the process of socialization. According to Barrett and Richert (2001), a kid's attachment styles has an influence on the children's cognitive-emotional-behavioral system, which in significantly influence the behavior of the child during his or her whole life. This method is either operational or at the very minimum made accessible for use as a diagrammatic representation of the attachment dynamic.

Patrick used this concept to help the little boy better comprehend God. As per him, the healthiest type of connection can be found in the majority of faiths, and that is God. It would seem that God is the best possible parent. In either a literal or figurative sense, God is a parent-like entity who guards his children and keeps them safe from harm (Langston et al., 2020). The cognitive—emotional—behavioral network of the kid is triggered, and the kid recalls their own feelings of having a cooperative connection with their parents, whenever the kid's parents or religious teachers or instructors at school present God as the ideal caregiver. The infant will progressively transform these emotions into broader ideas and mental pictures, and will eventually realize that God is similar to the ideal parents. This comprehension does not generally match to the intention of the families or teachers; alternatively, it represents the connection of the children's previous attachments to people and places.

Attachment hypothesis asserts that the favorable link among a youngster and religious representations, including phrases, creative arts, and things as element of the children's religious formation, begins to be relevant in early infancy, especially as a result of the impact of the child's parents. Attachment concept likewise offers explanations on how to explain the struggles that teenagers have when confronted with inquiries and concerns about their religious beliefs. The connection bond in infancy is thought to have some bearing on the susceptibility of teenagers to religious inquiries and concerns throughout their formative years. In this context, several hypotheses have been proposed by scholars, including the following: Insecurities regarding the child's emotional bond with the primary carer may be the cause of the child's decision to become religious. Since this decision is made with the intention of attaining a prize, it can be interpreted as the child using God as a substitute for the connection that is lacking in their mental context.

On the other hand, children who are raised in stable connection connections or who have families who are not religious are likely to grow less religious as they become older for a wide range of factors (Paloutzian 2016).

3.2. The significance of families' linguistic framework and moral framework in children's religious growth

According to a further study team, the child's early years skill for adjusting to their surroundings, comprehension the object constancy, the beginnings of stress at 7 and 8 months, and the beginnings of a connection built on trust wariness among the parents and the kid are some of the concepts used in clarifying and explaining how the basic principles and origins of religion are established.. This study was carried out by a different research team. As they enter the novel context that is life, all humanity have the latent ability to 'adjust to the changing surroundings,' which they take with them from the moment of their birth. But, this does not in any way constitute genuine skill or anything of substance.

The culmination of human evolution and the nature of one's interactions with their surroundings are the two primary factors that determine the expansion and vitality of a gift. When seen from this angle, failure to attain the intended objective results in the willingness to adjust to the fresh context losing its capacity for development and dynamic. When the human surroundings remain constant, there is no alteration nor development inside it; similarly, it fails to excite the actual concerns of man, nor does it provide a temptation to him; hence, his behaviors and deeds in the pursuit of information are probably going to be limited. Meanwhile, unless the performance and consistency of care, nourishment, and pureness are poor, as well as no one or more individuals to demonstrate a mutual, supplementary, and strong relationship with them, then the childlike suspicion and desperation will replace the lack of confidence in the globe that surrounds them (Benson et al., 2003).

As the kid matures, he comes to the understanding that the actual state of circumstances is independent of him and keeps happening regardless of whether he's there to see it. When a baby is 4 months old, they normally do not look for things that are concealed; the phrase "what is missing will not become apparent describes this stage well. The youngster is able to create or possess a cognitive picture of the absent item between the ages of seven and eight months. At this point, the youngster takes his first step into the mental journey that will lead him to the realization that he is fundamentally distinct from the people he cares about.

This awareness is to the degree that he or she has the sensation of needing to identify oneself or herself as the center of attraction of the encompassing universe where other people are involved. The development of the two cognitive capacities discussed above—self-awareness and a grasp of the persistence of objects—lays the groundwork for the birth of a new emotional situation that is not

particularly pleasant (Bering and Bjorklund, 2004). From this point on, the youngster will have feelings of unease whenever his mom or caregiver is not around since he or she worries that they will not come back. A unique characteristic will begin to take shape in the infant with the return of his or her mom or caregiver, who will address the child by name, cuddle him or her, and nourish him or her. A kid develops a new quality known as confidence, first in the individual in charge for his or her protection and then in the surroundings where the kid grows up.

The communication between a mother or father and kid between the ages of seven and a half months and eighteen months not only strengthens the connection based on mutual confidence and devotion between the parties but also sets the stage for the kid to encounter a relationship that is significantly more enduring and goes beyond. Connecting with the kid, developing and caring for the kid, and providing the kid with their first impressions of learning the environment around each other, how we gaze at it, and what we do to enjoy our lifestyles are all ways in which fathers demonstrate confidence in and dedication to their children. The parents share their thoughts on the meaning of life as they see it from their vantage point.

Lengthy before a kid can utilize his or her vocabulary, • develop notions, or properly and obviously categorize his or her families' opinions and principles, the children gain a semantic information as well as raw pictures of the centers of worth and power as well as their moral framework. This happens even before the kid learns to utilize his or her vocabulary.

#### 3.3. Kid 's social activities and religious maturation

A different approach was used by a team of investigators in order to demonstrate how the foundational ideas and foundations of religion are developed in infancy. They investigated the role that history and culture played in the development of religion by analyzing well-known historical characters as a means of doing so. The examination of both private and public existence in such investigations was accomplished via the use of quantitative and empirical approaches (Holmes, 2022).

In particular, he demonstrates how the occurrences of the globe are actually realised in various ethnicities in various manner based on the psycho-historical aspect, as well as how individual goals are established in the sense of the objectives of his era and with regard to psychohistorical principles. In addition, he discusses how the globe's religions have contributed to the manifestation of these occurrences. (p. 182)

#### 3.4. The foundations and origins of Islam's religious practice and belief

The fundamental tenants and origins of religious belief are, from a mental perspective, the final outcome of all the encounters that are stored in the mental framework of a kid. These memories might have either inherent or adopted origins. This may also be stated in different manner, one that takes into account the many ways in which the concept of "God Intuition" can be interpreted, as well as the various ways in which the link among God Intuition and religion can be described when applied to the Islamic setting. In accordance with the Stanza of Agreement (Surah Al-Araf, Ayat 174) and the Stanza of Normativity (Surah Ar-Room, Ayat 30), the origin of religiousness should lie in the natural inclination (since it is one of the components of human life, whereby the arm of formation has imparted to him during the moment of his formation), rather than as an outcome of the events that have been documented in the psychological framework.

The Qur'an asserts that our interactions and experiences with our surroundings serve simply as the background for the development and thriving of our basic instincts, whether those instincts are developed for good or evil. The preceding assertion regarding the origins of religious observance can be demonstrated by providing a few introductions regarding the basic inclination reality, the connection in between natural inclination and faith, and how it develops and thrives. These explanations are adjusted from the perspective presented by Akrim (2021).

In his explanation of the Stanza of Normativity, Akrim (2021) talks regarding the significance of basic inclination reality:

Once God made the human, He got him two basic tendencies, each with a primary aspect and another that possesses a supplementary aspect: the primary basic inclination is the passion of utter brilliance and kindness and happiness, which all humans appreciate, ensuring that not sometimes a person can be discovered who fails to recognise brilliance and has no passion with kindness and contentment in accordance with the concept of essence and intuition, and the supplementary basic inclination is a loathing of mistakes and a desire for ultimate brilliance and kindness and contentment. The wisdom and awareness of these mainly 2 inclinations are preserved in a condition in which they are not constrained by the inherent rules that govern their existence. If the basic inclination realized nature, was committed to its commandments, after becoming inconspicuous to the priesthood and its native environment, then it would be the source of all the wickedness, brutality, and sorrow in the universe.

In addition, the passages in the Qur'an state that the monotheistic character, despite being diminished by focus to the physical universe and the reasons of it, is nevertheless capable of turning back to God via cosmological reasoning or the admonition of the messengers. The lines that ask man to concentrate on natural occurrences appear to enable him to experience God's hand in creation and to realize God's existence. These passages inspire mankind to reflect on natural events. As a result, religion may be linked back to its origins in the natural inclination, which has an awareness of religious and, in reality, has been brought to blossom by religion.

In reality, the light of God Intuition is at the foundation of religious belief. This light is what guides a person to ultimate awesomeness and elegance in the apparent lack of confinement at the hands of their lustful spirit and the perseverance of their spiritual state, just as God designed it to be in human nature. When people are held captive, it always results in acts of brutality and agony for those individuals. In other terms, the basis of religiosity is 'love of ultimate perfect and absolute goodness'. That is something that God has written into the fabric of man. This potential is there in the kid when it first comes into being, and it is this ability that provides the opportunity for humans to evolve into two different people over the course of their lives in this globe: humans who are both generous and greedy. All religious principles pertaining to the antenatal or early childhood time frame must be understood similarly, which means that obeying such instructions results in a beneficial thriving in natural inclination, which corresponds to unconditional love. This is the ideology behind the beginnings of faith, which serves as the foundation for the transition of man against contentment.

#### 3.5. Mental well-being

The term "psychological wellbeing" refers to a child's psychological and emotional well-being, as well as his or her capacity to utilize one's intellect and talents, to participate productively in community, and to fulfill the typical requirements of day-to-day living (Rasulzada and Dachert, 2009). The fundamental requirements for psychological health and well-being are the avoidance of the advancement of a psychological disease and the promotion of a positive and wholesome psychological surroundings. An individual is deemed to have excellent psychological health if they are able to live their life independently despite being able to cope with the typical stresses of day-to-day living. Achieving a state of inner calm and satisfaction is the objective of psychological treatment.

In addition to providing an explanation for why diseases emerge, the field of psychological health likewise works to eliminate mental disorder in its most general form, with the end goal of avoiding the onset of more serious forms of the condition (Gomes and Teixeira, 2016).

Precepts from Islam have the potential to be highly helpful in accomplishing this objective. For instance, keeping God in mind may help keep a person against giving in to wants and instincts that contribute to mental stress and anxiety. The doctrinal virtues of tolerance, happiness, and confidence are what make a person devout, and they ensure that particular emotional well-being and serenity. Psychological state does not refer to a state of physical tranquility and utter stillness; rather, it encompasses a broader concept that is influenced by one's quality of life. People's capacities for thinking, think, and conduct on a regular basis, in addition to their capacity to deal with anxiety, conquer life problems, develop connections, and recover from misfortune, are all impacted by their psychological health.

A healthy mental state does not imply the lack of any issues; nonetheless, emotional and mental health is a topic that extends beyond the elimination of sadness, stress, or any other mental conditions. Individuals who have great psychological health have a great grasp on their feelings, they give off the impression that they are active and optimistic, and they are aware of several different strategies to improve their psychological health (Haque, 2004).

Besides having a robust and healthy physique contribute to overall health, but so does having an active and wholesome spirit as well. It enables us to remain resilient in the face of the challenges and obstacles that life throws at us and to effectively address the threats and challenges that we face. For instance, just as we take precautions to ensure that we do not contract a chilly and that our bodies avoid getting ill, we should also take precautions to ensure that we avoid getting nervous and defenseless in the face of adversity and problems as well as in the face of the different tests that life throws at us. In addition, we should be capable of making powerful and steady choices, command our feelings, and find answers to our issues in the most effective and appropriate aspects (Chang et al., 2019).

#### 4. Conclusion

All kids are born with a unique set of possibilities, which have the ability to flourish if they are exposed to the appropriate stimuli. To raise and train a kid such that they develop a decent character is not a simple undertaking. For instance, the impact that a kid's surroundings has on the formation of a young imagination throughout the initial stages of the kid's development is quite important. Since the country necessitates its residents to be well-educated and have respectable moral standards and absolutely brilliant labour morals, a school system that is well-planned and structured is needed to produce a

sincere and rigorous dedication to building intellectual resources starting with youngster communities. This attempt must be obtained from within the schooling system.

It is possible that a child's maturation will not take place if these variables are not prepared at the appropriate stages. As contrasted to the actions of parents that create a living environment that is favorable to studying, factors such as family financial status and societal position have a less impact on a child's academic achievement at school. It is important for mothers to participate in their child's schooling, whether it takes place in the home, at schools, or in community.

Everyone who is engaged in the education and development of children, including families, educators, and anybody else, should have high expectations for their kid's accomplishments but also being grounded in reality. They are encouraged, in addition to never giving up, to carry out that responsibility continually up until it generates results in the desired direction. Providing children a religious and ethical schooling from the time they are very young is, hence, a significant job and obligation that has to be carried out. In addition, this obligation and accountability is a continuity of the behavior that the Prophets and apostles of Allah modeled for their followers.

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